

**QUADRA INSTITUTE OF AYURVEDA ROORKEE**

**BAMS 3rd YEAR BATCH ( 2017-2022 )**

**w.e.f -09 April 2021**

**TIME TABLE FOR ONLINE CLASSES ( During Lockdown Period)**

DAYS/TIME	10:00 Am to 11:00 Am	11.00AM-12.00 PM	12.00 Pm to 1.00 Pm	1.00 Pm to 2.00 Pm
MONDAY	AgadTantra ( Theory) Dr. S. Prabhakar	Charak ( U) Dr Neha	Dr Saurabh Swasth Vritta	Prasuti - Stri Rog Dr Manpreet
TUESDAY	Agad Tantra Theory) Dr. S. Prabhakar	Charak ( U) Dr Neha	Dr Saurabh Swasth Vritta	Prasuti - Stri Rog Dr Manpreet.
WEDNESDAY	Agad Tantra Theory) Dr. S. Prabhakar	Bal Rog ( Theory) Dr Anurita	Dr Saurabh Swasth Vritta	Prasuti - Stri Rog Dr Manpreet
THURSDAY	Agad Tantra ( Theory) Dr Deepika	Bal Rog ( Theory) Dr Anurita	Dr Saurabh Swasth Vritta	Prasuti - Stri Rog Dr Manpreet
FRIDAY	Agad Tantra ( Theory) Dr Deepika	Bal Rog ( Theory) Dr Sujata	Dr Rashmi Swasth Vritta	Prasuti - Stri Rog Dr Manpreet
SATURDAY	Charak ( U) Dr. Neha	Bal Rog ( Theory) Dr Sujata	DR Rashmi Swasth Vritta	Prasuti - Stri Rog Dr Manpreet

  
PRINCIPAL

**QUADRA INSTITUTE OF AYURVEDA – ROORKEE**  
**BAMS FIRST YEAR TIME TABLE (BATCH 2020-25) w.e.f – 19 April 2021**

**FOR ONLINE CLASSES ( During Lockdown Period)**

DAYS/TIME	10:00 AM to 11:00 AM	11:00 AM to 12:00 AM	12:00 AM to 01:00 PM	01:00 PM to 02:00 PM
MONDAY	KRIYA SHARIR (THEORY) Dr. ASHEESH	RACHNA SHARIR Dr. ANKIT TYAGI	AY. KA ITIHAS Dr. SAROJ PANDEY	ASHTANG HRIDAYAM Dr. NEHA
TUESDAY	KRIYA SHARIR (THEORY) Dr. ASHEESH	RACHNA SHARIR Dr. ANKIT TYAGI	AY. KA ITIHAS Dr. SAROJ PANDEY	ASHTANG HRIDAYAM Dr. NEHA
WEDNESDAY	KRIYA SHARIR (THEORY) Dr. ASHEESH	RACHNA SHARIR Dr. ANKIT TYAGI	SANSKRIT Dr. SAROJ PANDEY	ASHTANG HRIDAYAM Dr. NEHA
THURSDAY	KRIYA SHARIR (THEORY) Dr. ASHEESH	RACHNA SHARIR Dr. JITENDRA SHARMA	SANSKRIT Dr. SAROJ PANDEY	PADARTH VIGYAN Dr. NEHA
FRIDAY	KRIYA SHARIR (THEORY) Dr. RACHINA	RACHNA SHARIR Dr. JITENDRA SHARMA	SANSKRIT Dr. SAROJ PANDEY	PADARTH VIGYAN Dr. NEHA
SATURDAY	KRIYA SHARIR (THEORY) Dr. RACHINA	RACHNA SHARIR Dr. JITENDRA SHARMA	SANSKRIT Dr. SAROJ PANDEY	PADARTH VIGYAN Dr. NEHA

(Principal)

**QUADRA INSTITUTE OF AYURVEDA ROORKEE.**

**BAMS 4th YEAR TIME TABLE BATCH 2016 -2021** w.e.f -4 May 2021  
TIME TABLE FOR ONLINE CLASSES DURING LOCKDOWN PERIOD

DAYS/TIME	10.00-11.00 am	11.00-12.00 Pm	12.00-01.00 pm
MONDAY	Kaya Chikitsa Theory Vishal	Dr Shalakra Theory Dr Yogesh Sisodiya	Shalva Tantra Dr Bhoorni
TUESDAY	Kaya Chikitsa Theory Vishal	Dr Shalakra Theory Dr Yogesh Sisodiya	Shalva Tantra DR Bhoorni
WEDNESDAY	Kaya Chikitsa Theory Dr. Sanjay	Shalakra Theory Dr Yogesh	Research methodology & Biostatistics Mr Sunil
THURSDAY	Kaya Chikitsa Theory Dr Rajnikant	Shalakra Theory Dr Yogesh	Panch Karma Theory Dr Shreyasi
FRIDAY	Kaya Chikitsa Theory Dr Charu	Panch Karma Theory Dr Amit Chowdhary	Shalva Tantra Dr Saurabh
SATURDAY	Kaya Chikitsa Theory Dr Charu	Panch Karma Theory Dr Amit Chowdhary	Shalva Tantra DR Saurabh

  
(Principal)

QUADRA INSTITUTE OF AYURVEDA ROORKEE.

BAMS SECOND YEAR (OLD) TIME TABLE (2018-2023) BATCH w.e.f-4 May 2021

TIME TABLE FOR ONLINE CLASSES (During Lock Down Period)

DAYS/TIME	10- 11 Am	11 - 12 Pm	12- 1 Pm	1.00 to 2.00 Pm
MONDAY	Roganidan ( Theory) Dr Mayank	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Pradeep	RSBK Dr Vivek
	Roganidan ( Theory) Dr Mayank	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Pradeep	RSBK Dr Vivek
WEDNESDAY	Roganidan ( Theory) Dr Mayank	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr Vivek
THURSDAY	Roganidan ( Theory) Dr Kamleshwer Prasad	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma
	Roganidan ( Theory) Dr Kamleshwer Prasad	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma
SATURDAY	Roganidan ( Theory) Dr Kamleshwer Prasad	Charak ( P ) DR Rishabh Jain	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma

Principal



QUADRA INSTITUTE OF AYURVEDA ROORKEE.

BAMS SECOND YEAR (NEW) TIME TABLE (2019-2024) BATCH w.e.f-4 MAY 2021

TIME TABLE FOR ONLINE CLASSES (During Lock Down Period)

DAYS/TIME	10-11 Am	11-12 Pm	12-1 Pm	1.00 to 2.00 Pm
<b>MONDAY</b>	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer	Charak ( P ) Dr Rishabh Jain
<b>TUESDAY</b>	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer	Charak ( P ) Dr Rishabh Jain
<b>WEDNESDAY</b>	Dravyaguna ( Theory) Dr Ekta Naithani	RSBK Dr G. K. Sharma	Rog Nidan Theory Dr Kamleshwer	Charak ( P ) Dr Rishabh Jain
<b>THURSDAY</b>	Dravyaguna ( Theory) Dr Ekta Naithani	Charak ( P ) Dr Rishabh Jain	Rog Nidan Theory Dr Kamleshwer	RSBK Dr Vivek
<b>FRIDAY</b>	Dravyaguna ( Theory) Dr Pradeep Kumar	Charak ( P ) Dr Rishabh Jain	Rog Nidan Theory Dr Kamleshwer	RSBK Dr Vivek
<b>SATURDAY</b>	Roganidan ( Theory) Dr Mayank	Dravyaguna ( Theory) Dr Pradeep Kumar	Rog Nidan Theory Dr Kamleshwer	RSBK Dr Vivek

Principal